



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Lloyd to New Paltz

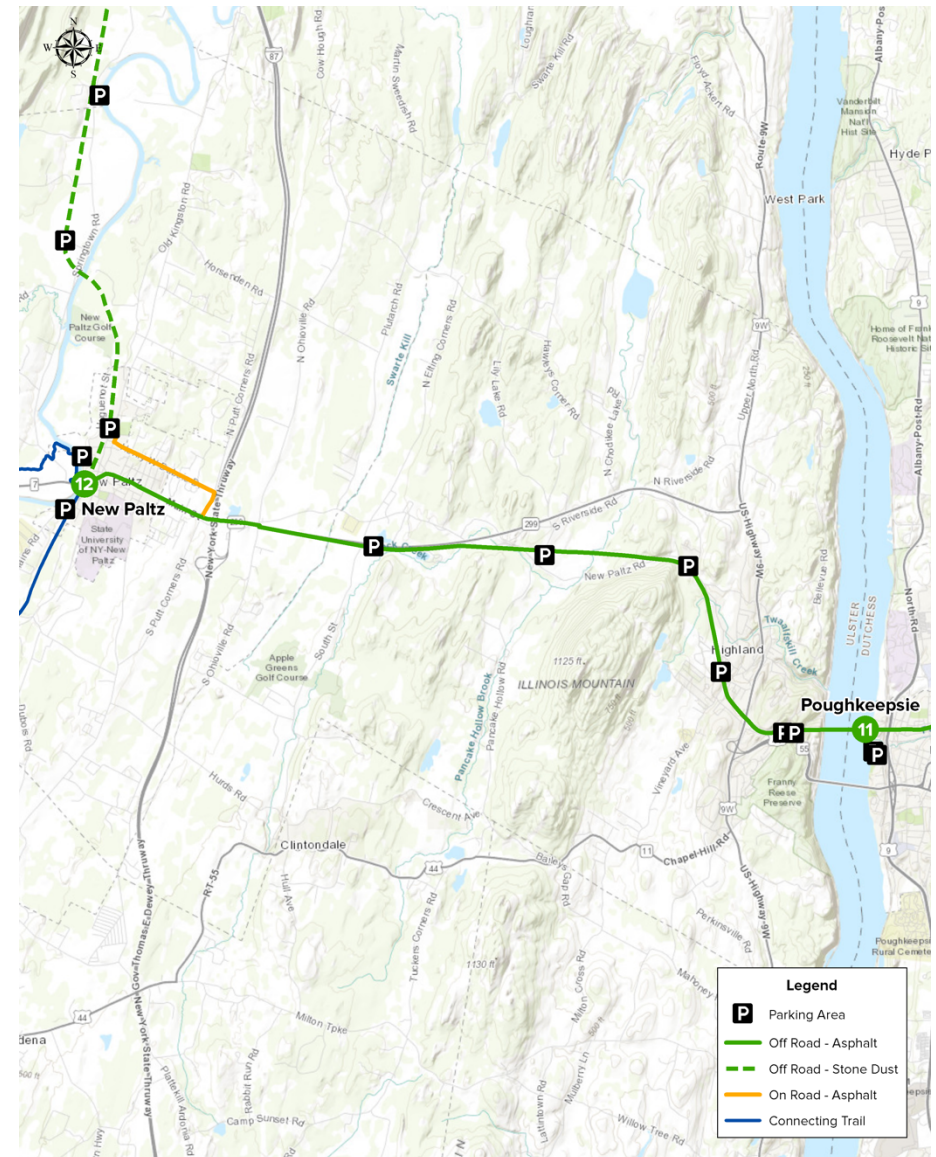
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start **11 Lloyd (Poughkeepsie)**

Turn	Notes	Distance
↖	Head west on Poughkeepsie Bridge/Walkway Over the Hudson	-
↑	Continue to follow Walkway Over the Hudson	0.680 mi
↑	Continue onto Hudson Valley Rail Trail	3.54 mi
→	Slight right to stay on Hudson Valley Rail Trail	1.85 mi
↑	Continue on Hudson Valley Rail Trail	1.59 mi
↑	for pedestrians stay straight on Main Street till just before Water St where the Walkill Valley Rail Trail will be on your left and right * for bikers follow below *	-
→	Turn right on New Paltz Bypass	0.27 mi
←	Turn left on Henry W Dubois Dr	1.1 mi
→	Turn right on Church St	390 ft
←	Turn left on Mulberry St	587 ft
→	You have reached the Walkill Valley Rail Trail to the left is the end of the segment. To the right it continues toward Albany.	-

End **12 New Paltz**

Northbound along Hudson Valley Greenway Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.